

SYED KITCHEN MENU

16 Burnside Avenue, Chingford, London E4 8YJ
020 8531 3835 | www.syedskitchenandgrill.co.uk

GRILL STARTERS

Mixed Starter — £8.95

Lamb chops, chicken tikka. Veg samosa, onion bhaji, Salad.

Chilli Paneer Bindi — £6.95

Green chilli, cheese & bindi.

Tandoori Chicken Starter (1Pc) — £6.20

Marinated chicken on the bone grilled in a clay oven.

Paneer Tikka (4Pc) — £6.95

Chicken Tikka Starter (4Pc) — £7.95

Off the bone marinated in a special sauce of herbs, spices & cooked in the clay oven.

Lamb Tikka Starter (4Pc) — £7.95

Off the bone marinated in a special sauce of herbs, spices & cooked in the clay oven.

Tandoori Lamb Chops (2Pc) — £7.95

On the bone cutlets marinated in a special mixture of herbs & spices, char grilled.

Tandoori King Prawns (2Pc) — £8.95

Marinated in a unique flavoured sauce cooked in the clay oven

GRILL MAIN SPECIALITIES

Grill dishes are marinated in various herbs & spices with yoghurt; this gives a seductive flavour and a tantalizing aroma.

Whole Chicken Grill — £13.95

A delicious & flavourful dish where a whole chicken is cooked on a grill

Tandoori Mixed Grill — £13.95

Tandoori chicken, chicken tikka, lamb tikka, seekh kebab, tandoori king prawn & naan bread.

Tandoori Grill King Prawns (4Pc) — £16.95

Marinated in a unique laced sauce grilled in the clay oven.

King Prawn Shashlik Grill — £16.95

King prawns, peppers, tomatoes & onions marinated in a special sauce of herbs & spices & grilled in the clay oven.

Tandoori Lamb Chops (4PC) — £16.95

On the bone cutlets marinated in a special mixture of herbs & spices char grilled.

Garlic Chilli Paneer (M) — £12.95

Homemade cottage cheese chargrilled in a clay oven immersed in a spicy relish consisting of mango, green chilli & coriander.

Tandoori Sheek Kebab (M) (4pc) — £13.95

Mincemeat garnished in the finest herbs & spices skewered in the clay oven.

6 Peri Peri Chicken Wings Meal — £10.95

Marinated in unique special sauce ,& chicken is cooked on grill And (served with chips & can of drinks)

STARTERS

All our starters are individually prepared its own style, served with salad & mint sauce.

Onion Bhaji (3pc) — £5.50

Shredded onions lightly spiced in gram flour & deep fried for a crispy taste.

King Prawn Butterfly — £6.95

Coated in fresh herbs & mild spices covered in breadcrumbs & deep fried.

Prawn Puree Starter — £7.95

Cooked in the chef's homemade special sauce served with a puree.

King Prawn Puree Starter — £8.95

Cooked in chef's homemade sauce served in a puree.

Chicken Chaat Puree Starter — £6.95

Cooked in a chat masala garnished with cucumber & tomatoes served with a puree.

Samosa

3Pc Chicken Samosa — £5.50

Meat / vegetable stuffed in savoury triangle pastry.

3Pc Meat Samosa — £5.50

Meat / vegetable stuffed in savoury triangle pastry.

3Pc Chicken Vegetable — £5.50

Meat / vegetable stuffed in savoury triangle pastry.

Sheek/Shami Kebabs

2Pc Sheek Kebab — £8.50

Mincemeat garnished in the finest herbs, spices skewered in the clay oven & shallow fried.

2Pc Shami Kebab — £8.50

Mincemeat garnished in the finest herbs, spices skewered in the clay oven & shallow fried.

CHEF'S SPECIALITIES

All dishes are in the clay oven served with salad & mint sauce, and garnished in their own style.

Chicken Shatkora — £13.95

Chicken with a special lemon called shatkora. very aromatic, slightly spicy.

Lamb Shatkora— £13.95

Chicken with a special lemon called shatkora. very aromatic, slightly spicy.

Murghi Masala — £13.95

Chicken, rich medium thick sauce in minced lamb & egg.

Chicken Tikka — £13.95

Lamb Tikka — £13.95

Chicken Tikka Methi — £13.95

Succulent chicken tikka in a fenugreek spicy masala.

Lamb Tikka Methi— £13.95

Succulent chicken tikka in a fenugreek spicy masala.

Chicken Tikka Pasanda — £13.95

A mild creamy dish consisting of coconut & cashew nuts.

Lamb Tikka Pasanda — £13.95

A mild creamy dish consisting of coconut & cashew nuts.

Butter Chicken Tikka — £13.95

Butter Lamp Tikka — £13.95

Fish Bhuna (With rice) — £16.95

Fish Chutney (With Naan) — £15.95

TRADITIONAL DISHES

MASALA

Chicken Masala — £10.95

Lamb Masala— £11.50

Chicken Tikka Masala— £11.95

Lamb Tikka Masala— £11.95

King Prawn Masala — £14.95

Vegetable Masala— £9.95

Massalla Mild & creamy based N, D

Korma Mild & creamy based N, D

Dupiaza Medium cooked with onions & peppers

Rogan Medium curry cooked in tomato.

Bhuna Medium curry in thick sauce.

Curry Medium spiced

Karahi Medium spiced

Pathia Sweet, sour & hot cooked in tomatoes.

Dhansak Sweet, sour & hot cooked in lentils

Achari Cooked in a luscious sauce of sweet mango & spicy mixed pickles, sweet yet spicy taste.

Madras Hot curry

Vindaloo Very hot curry with potatoes

Naga Fresh Naga chillies, green peppers & red peppers in a thick sauce.

Jalfrezi Hot curry cooked with green chillies, peppers, onions & mustard seeds.

KORMA

Chicken Korma — £10.95

Lamb Korma — £11.50

Chicken Tikka Korma — £11.95

Lamb Tikka Korma — £11.95

King Prawn Korma — £14.95

Vegetable Korma — £9.95

DUPIAZA

Chicken Dupiaza — £10.95

Lamb Dupiaza — £11.50

Chicken Tikka Dupiaza — £10.95

Lamb Tikka Dupiaza — £11.95

King Prawn Dupiaza — £14.95

Vegetable Dupiaza — £9.95

ROGAN

Chicken Rogan — £10.95

Lamb Rogan — £11.50

Chicken Tikka Rogan — £10.95

Lamb Tikka Rogan — £11.95

King Prawn Rogan — £14.95
Vegetable Rogan — £9.95

BHUNA

Chicken Bhuna— £10.95
Lamb Bhuna— £11.50
Chicken Tikka Bhuna— £11.95
Lamb Tikka Bhuna— £10.95
King Prawn Bhuna— £13.95
Vegetable Bhuna— £8.95

CURRY

Chicken Curry — £9.95
Lamb Curry— £10.50
Chicken Tikka Curry— £10.95
Lamb Tikka Curry— £10.95
King Prawn Curry— £13.95
Vegetable Curry— £8.95

KARAHI

Chicken Karahi— £9.95
Lamb Karahi— £10.50
Chicken Tikka Karahi— £10.95
Lamb Tikka Karahi— £10.95
King Prawn Karahi— £13.95
Vegetable Karahi— £8.95

PATHIA

Chicken Pathia— £9.95
Lamb Pathia— £10.50
Chicken Tikka Pathia— £10.95
Lamb Tikka Pathia— £10.95
King Prawn Pathia— £13.95
Vegetable Pathia— £8.95

DHANSAK

Chicken Dhansak— £9.95
Lamb Dhansak— £10.50

Chicken Tikka Dhansak— £10.95
Lamb Tikka Dhansak— £10.95
King Prawn Dhansak— £13.95
Vegetable Dhansak— £8.95

ACHARI

Chicken Achari— £9.95
Lamb Achari— £10.50
Chicken Tikka Achari— £10.95
Lamb Tikka Achari— £10.95
King Prawn Achari— £13.95
Vegetable Achari— £8.95

MADRAS

Chicken Madras— £9.95
Lamb Madras— £10.50
Chicken Tikka Madras— £10.95
Lamb Tikka Madras— £10.95
King Prawn Madras— £13.95
Vegetable Madras— £8.95

VINDALOO

Chicken Vindaloo— £9.95
Lamb Vindaloo— £10.50
Chicken Tikka Vindaloo— £10.95
Lamb Tikka Vindaloo— £10.95
King Prawn Vindaloo— £13.95
Vegetable Vindaloo— £8.95

NAGA

Chicken Naga— £9.95
Lamb Naga— £10.50
Chicken Tikka Naga— £10.95
Lamb Tikka Naga— £10.95
King Prawn Naga— £13.95
Vegetable Naga— £8.95

JALFREZI

Chicken Jalfrezi— £9.95

Lamb Jalfrezi— £10.50
Chicken Tikka Jalfrezi— £10.95
Lamb Tikka Jalfrezi— £10.95
King Prawn Jalfrezi— £13.95
Vegetable Jalfrezi— £8.95

BALTI DISHES

Served with naan.

Chicken Balti — £11.50
Lamb Balti— £11.50
Chicken Tikka Balti — £12.50
Lamb Tikka Balti — £12.50
Prawn Balti — £12.50
King Prawn Balti — £13.50
Veg Balti — £10.50

BIRYANI

Served with vegetable curry

Vegetable Biryani N — £9.95
Lamb Biryani N — £10.95
Chicken Biryani N — £10.95
Chicken Tikka Biryani N — £12.95
Lamb Tikka Biryani N — £12.95
Special Mixed Biryani N — £13.95

Rice cooked with chicken, lamb, prawns, mushrooms & omelette on top.

RICE

Plain Rice — £5.50
Pilau Rice — £5.95
Special Fried Rice — £7.50
Cooked with egg & peas
Chicken Tikka Rice — £7.95
Lamb Tikka Rice — £7.95
Egg Rice — £6.50
Vegetable Rice — £6.50
Keema Rice — £6.95
With minced meat
Onion Rice — £5.50

Chilli Rice — £6.50

Coconut Rice — £6.50

SIDE DISHES

Sabzi Bhaji — £6.50

Crisp mixed vegetables stir fried in light spices dry in consistency

Bombay Aloo — £6.50

Potatoes in thick sauce

Sag Aloo — £6.50

Spinach & potatoes

Aloo Gobi — £6.50

Potatoes & cauliflower

Mushroom Bhaji — £6.50

Mushroom stir fried

Cauliflower Bhaji — £6.50

Cauliflower stir fried

Brinjal Bhaji — £6.50

Aubergine stir fried

Bhindi Bhaji — £6.50

Okra stir fried

Chana Bhaji — £6.50

Chickpeas stir fried

Saag Paneer — £6.50

Spinach & cottage cheese

Mutter Paneer — £5.50

Peas & cottage cheese

Tarka Daal — £6.50

Lentils & garlic

Chips — £3.50

Spicy Chips — £3.50

BREAD

Naan — £4.50

Leavened bread

Peshwari Naan (N D) — £5.00

Sweet coconut, almond & sultana.

Keema Naan (D) — £5.00

Minced meat

Garlic Naan (D) — £4.75

Vegetables Naan(D) — £4.75

Mixed vegetables

Chilli Naan (D) — £5.00

Garlic Cheese Naan (D) — £4.50

Special Naan (D) — £5.75

Chicken tikka, mozzarella cheese & garlic.

Paratha — £4.75

Multi layered whole wheat bread fried in vegetable oil.

Vegetables Paratha — £4.95

Mixed vegetables.

Chutney — £0.90

Mint Sauce, Mango Chutney, Onion Salad, Mix Pickle, Tamarind Sauce)

Chapati — £3.75

Wheat flour thin bread

Puri — £3.50

Unleavened deep fried Indian bread

Tandoori Roti — £4.50

Baked wheat flour bread

Cheese Naan— £4.50

Papadum

Papadum Plain — £2.95

Spicy Papadum— £2.95

CHUTNEY

Mint Sauce — £2.90

Mango Chutney— £2.90

Onion Salad— £0.99

Mix Pickle— £2.90

Tamarind Sauce— £2.90

KIDS MEAL

Kids 4pcs Fish Finger Meal — £6.20

Kids 1pc Grill Lamb Chops Meal — £5.95

Kids 1pc Peri Peri Chicken Meal — £6.25

Kids 1pc Grill Chicken Meal — £5.95

DRINKS

Can of Drinks

Ice Cola Can — £2.30
Ice Guava Can — £2.30
Ice Mango Can — £2.30
Ice Mojito Can — £2.30
Ice Orange Can — £2.30

Bottled of drink

Large Ice Cola Bottle — £3.90
Large Ice Guava Bottle — £3.90
Large Ice Mango Bottle — £3.90
Large Ice Orange Bottle — £3.90
Small Bottled Water — £2.30
Large Bottled Water — £3.90

DONER

(Served with naan or chips)

Doner Kebab — £8.10
Spicy Doner Kebab — £9.10
Sizzler Kebab — £10.50

Onions, green peppers and chefs special recipe

BURGER MEALS

Served with chips & can of drink

Chicken Burger — £7.20
Beef Burger — £7.50
Doner Patty Burger — £7.00

GRILL STARTERS

Box Meal 1 — £11.95

1pc grill chicken, 4pcs peri peri wings, chips, salad & can of drink

Box Meal 2 — £20.95

2pcs seekh kebab , 2pcs grill chicken, grill chicken tikka biryani, chips & 2x can of drink

Platter 1 For 2 People — £33.95

1/4 grill chicken, 2pcs lamb chops , 2pcs lamb tikka, chicken tikka, naan bread, chips, mixed salad, Mint sauce & 2x cans of drink.

Curry Box — £12.95

Chicken tikka and donner kebab cooked in a thick choice of curry sauce placed on a naan bread & surrounded with chunky chips.

King Kebab — £16.95

Donner kebab, chicken kebab, chicken tikka, chips & naan. Served with mint sauce, salad & can of drink

SPECIAL MEAL DEAL

Set Meal (For-1) — £16.95

Onion Bhaji, Chicken Korma (N D), Bombay Aloo, Pilau Rice or Naan Bread (D) & Sauce.

Set Meal (For-2) — £28.95

Chicken Tikka, Meat Samosa, Chicken Tikka Masala (N D), Lamb Madras, Sag Aloo, 1 Pilau Rice, Naan Bread & Sauce

Vegetable Set Meal-1 — £15.95

Vegetable Samosa, Vegetable Curry, Bombay Aloo, Plain Rice & Sauces

Vegetable Set Meal-2 — £26.95

Vegetable Samosa, Vegetable Bhuna, Vegetable Madras, Sag Aloo, 2 Plain Rice or 2 Plain Naan & Sauces

MUNCH BOX — £13.95

Doner Kebab, Chicken Tikka, Vegetable Pakora, Naan Bread, Salad, Chilli Sauce, Garlic Sauce, Chips & Can of drink.

ALLERGENS NOTICE

Please be aware some dishes may contain traces of Mustard, Egg, Milk, Nut, Gluten, Fish, Lupin, Peanuts, Crustaceans, Soya, Sulphur Dioxide, Celery, Sesame, Molluscs. If you have any allergies, please inquire before ordering.

SYED KITCHEN PIZZA MENU

VEGETARIAN PIZZA — 10" / 12"

- 1. Margherita** — £7.50 / £7.90 — *Tomato, mozzarella cheese & herbs*
- 2. Al Funghi** — £7.50 / £7.90 — *Tomato, cheese, mushrooms & herbs*
- 3. Vegetarian Hot & Spicy** — £7.50 / £7.90 — *Mozzarella cheese, mushrooms, olives, jalapenos, onions, green peppers & herbs*
- 4. Vegetarian** — £7.50 / £7.90 — *Tomato, cheese, peppers, mushroom, onion, sweetcorn & herbs*
- 5. Vegetarian Special Pizza** — £7.50 / £7.90 — *Tomato, cheese, peppers, mushroom, onion, sweetcorn & pineapple*

CHICKEN PIZZA — 10" / 12"

- 6. Milano** — £7.50 / £7.90 — *Tomato, cheese, mushroom, onion, sweetcorn, chicken & herbs*
- 7. Pollo** — £7.50 / £7.90 — *Tomato, cheese, mushroom, chicken, sweetcorn & herbs*
- 8. Pollo Funghi** — £7.50 / £7.90 — *Tomato, cheese, chicken, mushroom & herbs*
- 9. Pollo Angelano** — £7.50 / £7.90 — *Tomato, cheese, chicken, pineapple & herbs*
- 10. Sorrento** — £7.50 / £7.90 — *Tomato, cheese, chicken, sweetcorn & herbs*
- 11. Pollo Vento** — £7.50 / £7.90 — *Tomato, cheese, chicken, sweetcorn, pineapple & herbs*
- 12. Pollo Mamoni** — £7.50 / £7.90 — *Tomato, cheese, chicken, onion, mushroom, garlic & herbs*
- 13. Kiev** — £7.50 / £7.90 — *Tomato, cheese, chicken, mushroom, turkey meat, garlic & herbs*
- 14. Pollo Supremo** — £7.50 / £7.90 — *Tomato, cheese, chicken, mushroom, sweetcorn, pineapple & herbs*
- 15. BBQ Chicken** — £7.50 / £7.90

SYED'S SPECIAL PIZZA — 10" / 12"

- 16. Bolognese** — £8.30 / £9.30 — *Tomato, cheese, bolognese sauce & herbs*
- 17. Bolognese & Mushroom** — £8.90 / £9.90 — *Tomato, cheese, bolognese sauce, mushroom & herbs*
- 18. Bolognese Special** — £8.90 / £9.90 — *Tomato, cheese, bolognese, mushroom, peppers & herbs*
- 19. Pizza Doner** — £8.90 / £9.90 — *Tomato, cheese & doner meat*
- 20. Meat Feast** — £8.90 / £9.90 — *Tomato, cheese, chicken, pepperoni, salami, turkey meat, bolognese & herbs*

TASTY 6 SPICY PIZZA — 10" / 12"

- 21. Pepperoni** — £8.70 / £9.90 — *Tomato, cheese, pepperoni & herbs*
- 22. Salami** — £8.70 / £9.90 — *Tomato, cheese, salami & herbs*
- 23. Explosive Jalapeno** — £8.70 / £9.90 — *Tomato, cheese, salami, jalapenos & herbs*
- 24. Ham** — £8.70 / £9.90 — *Tomato, cheese, turkey meat & herbs*
- 25. Hawaiian** — £8.70 / £9.90 — *Tomato, cheese, turkey meat, pineapple & herbs*
- 26. Toscano** — £8.70 / £9.90 — *Tomato, cheese, turkey meat, onion, peppers & herbs*
- 27. Derna** — £8.70 / £9.90 — *Tomato, cheese, spicy lamb, chicken, garlic & herbs*
- 28. Padrino** — £8.70 / £9.90 — *Tomato, cheese, spicy lamb, pepperoni, onion & herbs*
- 29. Hot Shot** — £8.70 / £9.90 — *Tomato, mozzarella cheese, onion, pepper, pepperoni, jalapenos, chilli & herbs*
- 30. Romani** — £8.70 / £9.90 — *Tomato, cheese, salami, onions, mushroom & herbs*
- 31. Country Style** — £8.70 / £9.90 — *Tomato, cheese, chicken, ham, mushroom & herbs*
- 32. Calzone** — £8.70 / £9.90 — *Tomato, cheese, ham, onions, salami, mushroom & herbs*
- 33. Sweet & Sour** — £8.70 / £9.90 — *Tomato, cheese, tender tandoori chicken & pineapple*

SEAFOOD SPECIAL PIZZA — 10" / 12"

34. Neptune — £9.10 / £10.30 — Tomato, cheese, tuna, onion, peppers, garlic & herbs

35. Seafood Special — £9.10 / £10.30 — Tomato, cheese, tuna, onion, prawns, mushroom & herbs

GARLIC BREAD — 10" / 12"

36. Garlic Bread — £4.70 / £5.50

37. Garlic Bread with Cheese — £6.70 / £7.70

38. Garlic Bread Special (Kebab with salad or chips) — £8.70 / £9.70

INDIAN PIZZA — 10" / 12"

39. Chef Special Pizza — £10.70 / £11.90 — Tomato sauce, cheese, tikka chicken, onion, green peppers, olives, jalapenos & garlic

40. Chicken Tikka Masalla Pizza — £10.70 / £11.90

41. Chicken Madras Pizza — £10.70 / £11.90

42. Chicken korma Pizza — £10.70 / £11.90

43. Spicy Vegetable Pizza — £10.70 / £11.90

44. Chicken Chaat Pizza — £10.70 / £11.90

45. Balti Pizza — £10.70 / £11.90

46. Chicken Tikka Pizza — £10.70 / £11.90 — Tomato sauce, cheese, tikka, onion, green pepper, chilli, jalapenos, herbs

47. Mixed Grill Pizza — £10.70 / £11.90 — Lamb tikka, chicken tikka, fresh tomato, egg & pepperoni.

PIZZA MEAL DEAL-1

Any Traditional 12" Pizza

10" Garlic Bread with Cheese

1x Can of drink, 1x Chips

1x Garlic Dip

Only £15.40

PIZZA MEAL DEAL-2

Any Traditional 2x 10" Pizza 10"

Garlic Bread with Cheese 1x

Chips, 2x Cans of Drink

Only £18.50

FAMILY PLATER

Any 2 Traditional 10" Pizza,

2x Chips, 1x Doner Kebab,

1x Bottle of Drink &

Any 2x Sauce

£1.50 extra for each special pizza

Only £24.50

PARTY PLATER

Any 2 Traditional 12" Pizza, 2x

Chips, 1x Doner Kebab, 1x Tikka

Wrap, 1x Bottle of Drink,

Salad & Any 2x Sauce

£1.50 extra for each special pizza

Only £30.50